CHINNOR
VILLAGE CENTRE

Friendship.
Support.
Community.



Our services for older adults

chinnorvillagecentre.org

Call: 01844 353733

Welcome

Our charity exists to bring people together, reduce loneliness and provide safe, welcoming spaces where members of our community can meet, talk and feel supported.



From Friendship Clubs and Dementia Cafés to health support groups and simple opportunities for a chat over a cup of tea, we play a vital role in helping people stay connected.

Bringing local **people together**

Silver Socials Friendship Club	1
Forget Me Knot Café	2
Together We Care	3
Stroke Support	4
Parkinson's Support	4
Move4Fun!	5
Chatty Café	6
Community Café	7
Be Part of It	8



Silver Socials FRIENDSHIP CLUB







Silver Socials is our welcoming club for older adults who would enjoy meeting new people and spending time in good company.

Members enjoy a relaxed day filled with conversation, music, quizzes, games, crafts, entertainment and a freshly prepared two-course lunch, with tea & coffee available throughout the day.

For many people, Silver Socials provides an opportunity to build new friendships and look forward to regular social time in a friendly, supportive environment.

Tuesday, Wednesday & Thursday every week

Transport is available for those who find it difficult to travel independently.

T: 01844 353733
E: clubs@chinnorvillagecentre.org

Forget me knot
at Chinnor Village Centre

Café

Together we CARE



Dementia Services

Our Forget Me Knot Dementia Café provides a safe and supportive space for people living with dementia and the people who care for them.

Each session offers a relaxed atmosphere with refreshments, activities, music and gentle conversation, allowing guests to spend time together while connecting with others who understand their experiences.



It is a place where friendships form, support is shared and no one has to feel alone on their dementia journey.

Monday mornings, twice monthly.

Our Carers Support Group

Caring for someone can be both rewarding and challenging. Our Carers Support Group offers carers the opportunity to meet others who truly understand the role they play.

These informal sessions provide a chance to share experiences, talk openly and receive encouragement from others in similar situations. A cup of tea, a listening ear and a supportive community make all the difference.



Our group invites caregivers and loved ones facing dementia to connect with others

Some months, we invite the experts in to share current information on everything from funding to treatments, but there is always be a time to share and learn from each other.

We also organise social gatherings for the group and those they care for.

Monday afternoons twice monthly.

Stroke Support Group

Recovering from a stroke can be a long journey for individuals and their families.

Our Stroke Support Group provides a space where people affected by stroke, meet and support one another. Through social activities including quizzes and games, entertainment and gentle encouragement, we help members rebuild confidence and maintain connections.



Every other Monday.

Parkinson's Support Group

Our Parkinson's Group brings together people living with Parkinson's and their loved ones in a relaxed and understanding environment.

The group offers a chance to connect with others, share experiences, learn, and enjoy time together. Talking with people who understand the challenges of Parkinson's can provide reassurance, friendship, and support.



Every other Tuesday.

Move4fun!

Put the fun back into moving with this seated or standing exercise class – suitable for all abilities, men and women.

Move to elevate your mood, improve your mobility, motivation and wellbeing.

MOVE **TOGETHER ... *LAUGH* TOGETHER!**



Exercise focusing on:

Strengthen joints

Increase mobility

Trip & fall prevention

Every Tuesday afternoon.

Our Chatty Café



have a chat



Look for the Chatty Café Table yellow tablecloth and take a seat!

Our Chatty Café sessions are open to anyone who would simply enjoy a friendly conversation – it's a place where people can meet new faces, enjoy a cup of tea and spend time talking in a relaxed and welcoming setting.

Whether you stay for ten minutes or an hour, there is always someone happy to talk.

Every Friday morning, from **10.30 – 11.30 am.**

Visit our Community Cafe



Our welcoming café is open to everyone – whether you are meeting friends, enjoying a quiet cup of tea or simply stopping by for a chat.

Every cup of tea and every lunch served helps support the vital work of the Centre.

We also offer catering for events – including celebration of life teas.

We hope to see you soon.

yummy



We are open:
Mon to Fri 10am – 3pm
Saturday 10am – 2pm

Be Part of Our Community

Join a Group

If you or someone you care for would benefit from friendship, support or simply getting out and meeting new people, we would love to welcome you to one of our groups and activities.

Volunteer

Volunteers are at the heart of everything we do. Whether helping at events, supporting our groups, driving our minibus or simply offering a friendly welcome, your time can make a real difference to someone in our community.

No matter how much time you can give, there are many ways to get involved.

Donate

Every donation, large or small, helps us continue providing vital services, activities and support for local people.

Your generosity helps us reduce loneliness, promote wellbeing and ensure that those who need support can access it when they need it most.

A Lasting Gift

By leaving a gift to the Centre in your Will, you can help support future generations of local people.

After providing for loved ones, even a small gift can make a lasting difference and help ensure the Centre remains a welcoming place at the heart of the community for years to come.

Support Our Work

Every visit to our café, every room hire and donation helps us continue providing vital services for those who need them most.

You can also support us by coming to our events, recommending us to your friends and neighbours, or helping spread the word about the services we provide.






If you would like to find out more about volunteering, making a donation, leaving a gift in your Will, supporting the Centre or joining one of our activities, please get in touch.

Thank You
for Supporting Your Community

The Village Centre is proud to be a local charity dedicated to supporting friendship, wellbeing and connection.

For many of the people who walk through our doors each week, the Village Centre is more than just a building — it is a place of companionship, understanding and kindness.

Every time you visit our café, attend an event, hire a room or take part in one of our groups, you are helping us continue this work and reach those who may otherwise feel isolated or alone.

Together, we are building a stronger, kinder community where everyone feels valued and supported.

CHINNOR
VILLAGE CENTRE

T: 01844 353733
W: chinnorvillagecentre.org

High Street | Chinnor
OX39 4DH